

FEATURES

Adam Turner, Editor

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A LEAN **Cu**ISINE

NEW ON-CAMPUS RESTAURANT IN SCIENCE BUILDING OFFERS HEALTHY, AFFORDABLE FOOD CHOICES AND COMFORTABLE ATMOSPHERE

By **TRISTAN MEIMAN**

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There is nothing wrong with stopping by Powell when a severe case of the munchies strikes. But at times a change in scenery is needed as well as a change in menu.

Of course you can hop on a shuttle and head over to Stratton Café if you're willing to make the trek. But Eastern has a new eatery that offers breakfast and lunch in a close location.

The new Science building has a few tricks up its sleeves ranging from brand spanking new labs to comfortable study rooms for students, and now, a restaurant located on the first floor. Cuisine opened on Jan. 20 and offers students a healthier choice for their daily breakfast and lunch.

"We have a large assortment of salads, bagels, wraps, sandwiches, pizzas and much more," said Michelle Spradlin, supervisor. "We use organic ingredients for all of our dishes to give students a different healthier choice in food."

Students will recognize the clever use of a science theme in the restaurant from the use of periodic table elements Copper, Iodine, Silicon and Neon to spell out "Cuisine" in a clever manner. Signature sandwiches also play a role in the science theme with names such as: The Chemical, The Fusion, The Organic Compound, The Molecule and many more left to discover yourself.

While the restaurant is fairly new, students have already become acquainted with the delicious food Cuisine has to offer.

"It's good healthy food and a good change from the food served at Powell," said Rob Rowland, a freshman graphic design major. "The whole design of this place seems new and more modern. Overall I just like the feel of this place. I'm definitely going to be coming here more often."

If students are craving some coffee to add to their meal, Cuisine offers Java City coffee



SONYA JOHNSON/PROGRESS



CHELSEA CZOR/PROGRESS

for a great price. Customers who purchase coffee at Cuisine are given a punch card; after 10 purchases of coffee, espresso or Java-lanche at any Java City located on campus, they receive their 11th cup free. If that wasn't a seller enough, Cuisine's price for one large coffee is only \$2 and will soon offer specials on select food items each week. It doesn't get any better than that.

So if you are looking for some place new, healthy and full of specials, head over to the first floor of the new Science building and get some cuisine in your life. The hours for Cuisine are 7:30 a.m. – 3:30 p.m. Monday through Friday, however these are subject to change in the near future.

Quick tips for this Valentine's Day

To My... Self

How to best celebrate singles awareness day

- Have a single's party: Brag about not knowing which cutie you might leave with tonight.
- Bake some heart-shaped cookies and take them to the local nursing home.
- Make or buy valentines for your friends. Yes, you know it's still fun even though you're not in elementary school.
- Go out on the town with your best pals. Who needs a not-so-better half?
- Pull out *The Notebook* and *A Walk to Remember* and just spend time alone reflecting on all the love you are grateful to have in your life, possibly with some ice cream.
- Spend time with your family. Mom and Dad loved you first.
- Adopt a new dog or cat from the shelter. No Valentine will be more loyal.
- Treat yourself to what feels good. Try a spa day or an extreme workout session.
- Or just be a cynic: It's a Hallmark holiday, anyway.



Yes

☐

Check

or

No



To My Sweetheart

Cute (and cheap) gift ideas for your loved one

- Piece together a scrapbook about your life together: photos, movie and concert tickets, and those little keepsake notes. Dig for those special items!
- Make dinner together: Plan it together, go to the store together and pick out some music to play during dinner.
- Go on an adventure: Take a trip somewhere no one else is going to be. Take a road trip by just picking a place on the map or go "treasure hunting" for unique Valentine's Day gifts at thrift stores or flea markets.
- Instead of buying her flowers, plant her one as a symbol of your growing love.
- Go old school and make your Valentine's Day cards out of red construction paper. Who doesn't love glitter and macaroni noodles?
- Plan a special dessert such as chocolate fondue or heart shaped brownies. Enjoy them with your sweetie and a sappy movie.
- Go old-fashioned and take a walk in a beautiful park. Your honey looks even better on a beautiful backdrop.



Yes



Check

or

No

☐

And now for something completely different

MONTY PYTHON'S MUSICAL *SPAMALOT* BROUGHT WITTY LAUGHS, SONGS AND DANCES TO EASTERN'S CENTER FOR THE ARTS FRIDAY, FEB. 3

By **ELISE SVOBODA**

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COURTESY OF MONTY PYTHON

When it comes to mixing comedy and musicals, one witty British stage show is here to offer "something completely different." Eastern's Center for the Arts gave fans of the well-known and well-loved *Monty Python and the Holy Grail* a chance to relax and "look on the bright side of life."

For any Monty Python fan, they will see the story of *Spamalot* as "lovingly ripped off the motion picture" of *Monty Python and the Holy Grail*, as the posters for the show put it and features references from other Monty Python works such as the Act II starter *Always Look on the Bright Side of Life* from *Monty Python's Life of Brian*.

Debra Hoskins, executive director for Eastern's Center for the Arts, said when the opportunity arose to get *Spamalot*, they took it.

"When we choose Broadway shows, it's pretty much what's available and what's coming our way and *Spamalot* was coming our way and we grabbed it up," Hoskins said.

With some touring Broadway shows, the traveling company of the show is not always able to get all of the scenery onto the stage, but Hoskins said it was not a problem here.

"They got everything out; our stage will hold any performance," Hoskins said. "On other performances, they talked about going to the opera house (in Lexington) last year and they couldn't put everything because of the size. Size does matter when it comes to theater."

Hoskins also said she appreciates all the students attending, and is working on offering discounted tickets.

"We appreciate the students coming over. We look forward to them," Hoskins said. "We try to offer them discount tickets as often as we can. Sometimes, it's

➤ SEE *SPAMALOT*, PAGE B3

CSI still intriguing after a decade

By ELISE SVOBODA
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Some say certain TV series can strike a cultural nerve and even change society. Many consider such classics as *Cheers* and *The Mary Tyler Moore Show* as having that kind of popularity and power.

And the CBS series *CSI: Crime Scene Investigation* is yet another show that has helped change our society and sparked an interest in forensic sciences.

The show started in 2000 with Bill Peterson (*12 Angry Men*) as the iconic Gil Grissom, the original night shift supervisor and Marg Helgenberger (*Mr. Brooks*) as Catherine Willows. Other supporting cast members include Jorge Fox (*ER*), George Eads (*Evel Knievel*), David Robert Hall (*Starship Troopers*), Eric Szmanda (*100 Girls*) and Paul Guilfoyle (*Air Force One*).

The show is about a graveyard shift team as they solve murders in Las Vegas, while giving viewers a look inside the team members' lives, both personal and professional. Perhaps the most interesting part of the series is watching how the team uses science to solve crimes.

Over the past several years, many notable cast members have left the series including Peterson, who left the series in 2009, and Helgenberger, who recently left the series in January. Other cast members who have left the series include Gary Dourdan (*Perfect Stranger* and *Impostor*) as Warrick Brown, whose character was killed off the series in 2008 and Laurence Fishburne (*The Matrix*) as Dr. Ray Langston, whose character left the lab in 2011.

While there have been some exits in the series over the past few years, there have been some new, big names in the newest season, season 12, which first aired in September. Some of the new stars of season 12 include Ted Danson (*Cheers*) as DB Russell, the new night shift supervisor, and Elizabeth Harnois (*Keith*) as Morgan Brody, a CSI transfer from the L.A. crime lab.

The new CSI team will give long time fans of the series the chance to enjoy the show the way it used to be, but with different characters and a fresh start. Over a decade in, the show still offers quality weekly mysteries and has the power to influence our world. *CSI* airs Wednesdays at 10 p.m on CBS.



COURTESY OF CBS

Parks and Recreation is an underrated gem

By MICHAEL EMERSON
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NBC is no stranger to quirky comedies, but a particular show starring Amy Poehler as the flighty Leslie Knope keeps both the high and low brow demographic laughing from scene one to the end in *Parks and Recreation*.

The series starts off at the turn of the Obama presidency and is set in the humble, fictional city of Pawnee, Ind. Leslie Knope, the deputy director for the Parks and Recreation Department, spends her days going above and beyond the normal activity of a local government worker while her boss, the libertarian, no nonsense, big shot Ron Swanson (Nick Offerman) does his best to stay out of her way by doing nothing.

The parks department, being one of the lowest sanctions of government, has led to some unenthusiastic employees, but Leslie always keeps the ship running by bringing a seemingly unending amount of energy to her coworkers. This show's main focus is on the plight of Leslie Knope as she tries to build a brand new park in order to replace trash filled pit, as well as make the town of Pawnee a better place.

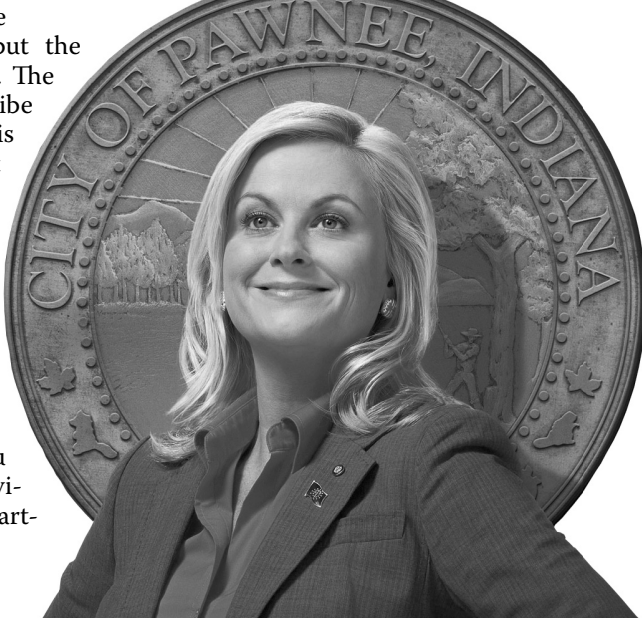
The comedy comes in a mixture of satire and sitcom as real world issues are played off in each of the show's episodes. With three seasons under its belt and currently running a fourth, this show has all but slipped under the radar as most new television series do.

However, this show deserves special mention since it doesn't pander complicated premises like most shows of its kind. This variation added with *The Office* mockumentary-style camera work keeps the pacing up to speed with its audience's attention spans, as well as its creative writing.

The biggest draw of this show has to be its wide range of characters, each with their own varied, complex and often goofy personalities that play off one another. Almost every episode features a new character trait or quirk to the cast, which allows the audience to read into and fall more in love with the characters every time you watch an episode.

I could write a two-page paper on each character, but the show should speak for itself. The most accurate way to describe my feelings for this show is that every episode is its best episode. A paradox, yes, but not any less true.

You can do a lot with your time, but I highly recommend you check this show out as I promise you will not be disappointed. Even if you despise *The Office* and other shows by NBC, I still suggest you watch. I watch a lot of television, and I can say wholeheartedly this is my favorite show.



COURTESY OF NBC

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vs. BUTLER

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2:00 PM

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Student starts her own jean personalizing business

By SAMANTHA TOY
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Throwing out an old pair of jeans? Not so fast. Your jeans may still have life.

Carolyn Wurzelbacher thinks so too. Her new company, Jeanitup, will breathe new life into your favorite old pair of jeans.

This young entrepreneur, 21, a marketing major from Cincinnati, is dipping her toes into the business world in a creative way.

"I have always had like 100 ideas going in my brain," Wurzelbacher said. "I wanted to do something in art. I wanted to do something I've been doing for a long time. Painting, drawing, something like that."

But Wurzelbacher not only thought about creating, she acted on it too.

"I was an arts and crafts specialist over the summer," she said. "I got to work with kids with things like tie-dying and it kind of morphed into this idea of decorating."

Wurzelbacher just started working with the Small Business Development Center in the Business and Technology Center.

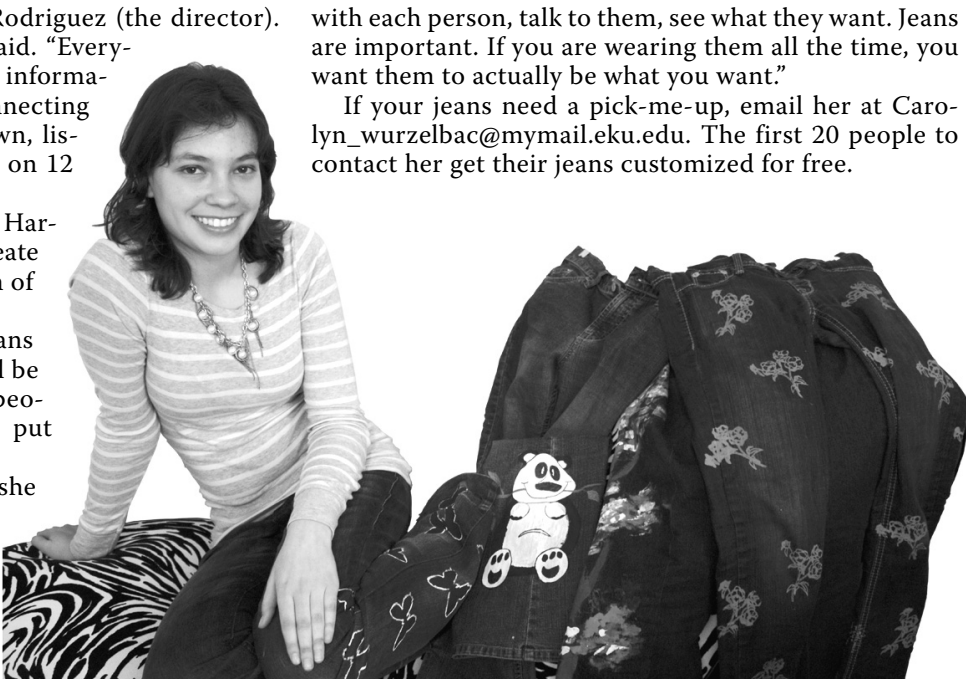
"I'm working with Michael Rodriguez (the director). He is amazing," Wurzelbacher said. "Everything is free. Free seminars, free information. He is really good with connecting students. Any idea, he'll sit down, listen to you, and give you packet on 12 steps to start a business."

Why pay \$50 for painted Ed Hardy pants when Jeanitup can create personalized jeans for a fraction of the cost at \$5 to \$8 per pair?

"If a person has a pair of jeans that they will bring to me, it will be free of charge for the first 20 people," Wurzelbacher said. "I'll put anything they want on it."

Wurzelbacher said overall she hopes to help people's jeans speak a little louder.

"I want to match the jeans with every person's unique personality," Wurzelbacher said. "I'm going to sit down



SAMANTHA TOY/PROGRESS

The Woman in Black a refreshingly ‘classic’ horror film

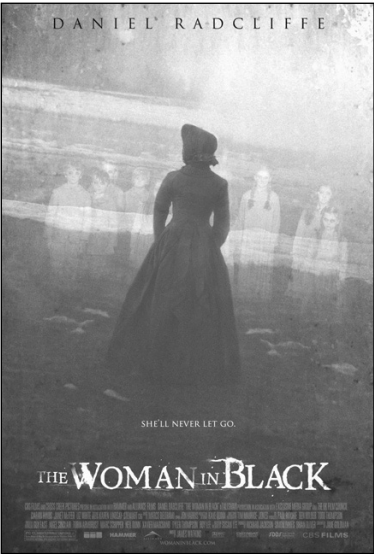
By KENNA TRENT
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There is nothing quite like classic horror.

While there is a time and a place for films like *Saw* and *Hostel* and they do their trick particularly well, watching someone being torn apart, limb by limb, isn't the same as the tension you experience from looking too hard at the shadows or wondering what's looking back at you from an empty window. That is what makes *The Woman in Black* so special; it is an old school brand of horror that is hard to find in modern cinema. And it will have both fans and critics for this exact reason.

The Woman in Black was originally a novel by Susan Hill published in 1983. The story was quickly picked up for a television movie later in the 80s, before being adapted for the stage where it became one of the longest running shows in the history of London's West End (and understandably so; it is a terrifically frightening stage production).

The film follows lawyer Arthur Kipps (Daniel Radcliffe), who lives with his four-year-old son and his nanny. He is still visibly shaken by the death of his wife, drowning in late notices from the bank and receiving pressure from his boss to close his next job. Unfortunately for Mr. Kipps, his next



COURTESY OF IMP AWARDS

job is to settle the estate of a woman surrounded by superstition. Arthur arrives in the remote village of Crythin Gifford to investigate Eel Marsh, an old house separated from land by the eerily named 'nine lives' causeway. While at the house, he begins hearing strange noises coming from a locked room and the face of a female spectre dressed in black. Meanwhile, back in town, young children are dying by their own hand almost daily, driving the parents of the town to lock up their children. The only friendly face Arthur finds in town is Sam Daily (Ciaran Hinds) whose wife informs him of the curse of the woman in black: every time she is seen, a child dies in a terrible fashion. It is, then, up to Arthur to find out why the woman in black is taking children's lives and to put an end to it.

This being Daniel Radcliffe's first outing after years of being Harry Potter, I was naturally a little suspicious that he might not hit the mark exactly right. I was surprised to find he was a perfect fit. His look is totally made for period film and his tragic demeanor was truthful, not a bit put-on.

However, Radcliffe may have been slightly upstaged by the woman in black herself. Her presence is terrifying; as if even though you are just watching something on screen you can almost feel her. The filmmakers weaved her brief appearances beautifully into

the film and trust me, the last look of that gaunt face will stay with you for a while.

While the recent previews have made the film out to be some kind of scare machine, don't go into the theater expecting to see *Paranormal Activity* because that is not what this movie is all about.

This is going to get a little heavy, but *The Woman in Black* is about a certain feeling. It does deliver jumping scares, but that is definitely not a gimmick. The fear comes from the way rain, mud, dark skies, or a remote village makes you feel. The children are not being killed, they are committing suicide. How does that sit on your mind? The story is playing to all of the things that we don't realize frighten us. The things that sit in the back of your mind, the childhood fears of the dark and monsters that live in your closet.

Unfortunately, this is not the outright "horror" of the modern generation. There is little blood, no weaponry, teenagers are not running amuck, and everyone is fully clothed. Many people will find *The Woman in Black* boring or uninteresting. But while there isn't obvious bump-in-the-night terrors to keep your attention, there is a good story.

My plea is that you give yourself a chance to fall prey to this kind of scare. Feel the nervous energy of not knowing what the camera's pan will happen upon or what is lurking just over the main character's shoulder. Even in the age of found footage and the criminally insane, it is okay to be scared by the sight of a ghostly woman.

Verdict: A

SPAMALOT

CONTINUED FROM B1

last minute and it's not our call to do that; it's the call of the company. We don't get to just say 'next week, we're going to have something we can discount,' we have to wait until they give approval, so it may be last minute, but save your

nickels because we're going to try and do it."

Monty Python fans everywhere are sure to be proud of the humorous show.

Staci Dunais, 21, correction and juvenile justice from Wilmore, said her love of musicals and her boyfriend's love of *Monty Python and the Holy Grail* were the reasons she came out to the show. By the end of Act I, she said she became a Monty Python fan.

"I absolutely love musicals and I'm a big fan of theater.

My boyfriend of five years loves *Monty Python and the Holy Grail* and he really wanted to come, so I'm trying it out," Dunais said.

The use of dry, British humor may be off-putting to a few, but *Spamalot* is a success.

Future programs to look out for at the Center include *Garrison Keillor* on Feb. 14, *Celtic Crossroads* on Feb. 18, and *Wynton Marsalis* on Feb. 25.

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